

# Shrewsbury Canoe Club- Appendix 5A Sea Trip/activity Planning and Briefing sheet

|   |                 |
|---|-----------------|
| Date:   | Trip/Activity:  |
| Paddle leader:  |                 |
| Time Coastguard contacted? before trip..... after trip..... |                 |
| <b>Weather Forecast:</b> date/ time:                        | pressure:       |
| Max/min temp:   |                 |
| Wind speed:   | Wind direction: |
| Sea state:  | Visibility:     |
| HW/LW Tidal port:   |                 |
| HW/LW Local port:   |                 |

| Location | Direction of Stream | Start time | Max tidal rate today |
|----------|---------------------|------------|----------------------|
|          |                     |            |                      |
|          |                     |            |                      |
|          |                     |            |                      |
|          |                     |            |                      |
|          |                     |            |                      |
|          |                     |            |                      |

|                 | Location | Notes/Hazards/Risks | ETA | ETD |
|-----------------|----------|---------------------|-----|-----|
| Start           |          |                     |     |     |
| 1 <sup>st</sup> |          |                     |     |     |
| 2 <sup>nd</sup> |          |                     |     |     |
| 3 <sup>rd</sup> |          |                     |     |     |
| 4 <sup>th</sup> |          |                     |     |     |
| 5 <sup>th</sup> |          |                     |     |     |

# Shrewsbury Canoe Club-Appendix 5b River Trip/activity Planning and Briefing sheet

To be completed by activity leader prior to group briefing

Date \_\_\_\_\_ River \_\_\_\_\_ Grade \_\_\_\_\_.

**River Description:** Continuous/ Pool Drop/ Gorge/ Open/ Spate/ Mature/ Remote

**Weather Forecast:** \_\_\_\_\_ **River State:** Low/ Medium/ High/ Spate **Trend:** Rising/ Steady/ Falling

|                 | Key Locations<br>(Significant Rapids/<br>Portages/ Access &<br>Egress) | Recognition Guides (Key features to identify the<br>locations) | Other Notes (Portage Routes, etc), Risks,<br>Hazards |
|-----------------|--|--|--|
| Start           |  |  |  |
| 1 <sup>st</sup> |  |  |  |
| 2 <sup>nd</sup> |  |  |  |
| 3 <sup>rd</sup> |  |  |  |
| 4 <sup>th</sup> |  |  |  |
| 5 <sup>th</sup> |  |  |  |
| 6 <sup>th</sup> |  |  |  |
| Take Out        |  |  |  |

**Any medical considerations?**